

**DISTRICT WELLNESS COMMITTEE
MEETING AGENDA
Wednesday, December 4, 2024
3:00-4:00 pm
Conference Room A7 - Healdsburg High School**

- 1. Welcome/Introductions**
- 2. Purpose of the Wellness Committee**
 - Nutrition
 - Health
 - Physical Education
 - Mental Health
- 3. Approval of Minutes**
- 4. Homework - Review Triennial Assessment:**
 - Physical Education at Each Site
- 5. Review DRAFT Revised HUSD Wellness Plan - Provided at Meeting**
 - Adding Mental Health Section
- 6. Review/Add to Goals for 2024-2025 - List Provided at Meeting**
- 7. Request Agenda Items for February Meeting**
- 8. Future Meeting Dates/Locations (All meetings 3:00-4:00pm)**
 - February 5th
 - April 2nd